Help Your Body Respond to HPV

Eat plenty of fruits and vegetables, especially those rich in vitamin A and carotenoids. A recent study in the journal Cancer Epidemiology, Biomarkers and Prevention, found that women who consumed large amounts of vegetables were less likely to have persistent HPV. Getting your essential vitamins and minerals will keep your immune system strong.

Quit smoking. Smoking is detrimental to your health in countless ways and according to a study published in the journal *Cancer Causes and Control*, smoking doubles the risk of HPV progressing into cervical cancer.

Strengthen your immune system by leading a healthy lifestyle. Beyond dietary considerations and not smoking, you should be getting plenty of sleep, abstaining from alcohol and avoiding excessive stress. Some use alternative therapies like acupuncture or yoga, as they are stress-relieving and cause the body to release chemicals beneficial to fighting disease.

Rethink oral contraceptives. 99% of all cervical cancers are the result of the HPV virus; however, the *Institute for Research on Cancer* found that women who have HPV and have used oral contraceptives for five years are nearly four times more likely to develop cervical cancer.

Drink green tea. There is a growing body of evidence that suggests the flavonoid ECGC may inhibit the development of both HPV warts and cervical lesions

Questions? Email us at customerservice@papillex.com

How We Are Different

Papillex® is more than just a nutraceutical product. We are a company that is dedicated to providing customers with up-to-date research, relevant articles and tips for improving and maintaining a healthy immune system. From how to talk to your partners about HPV, to what foods to eat and avoid, we want to be your confident and reliable source of information.

EVIDENCE-BASED

Our formula is developed using the best available scientific research.

HIGH-QUALITY MATERIALS

We use top-quality products, available locally and organic whenever possible.

EDUCATION & EMPOWERMENT

We provide our customers with research updates, relevant articles, and tips for improving and maintaining a healthy immune system.

PROACTIVITY

The "watch and wait" period is a crucial time to improve cervical health outcomes.

Learn more at **papillex.com**

Our Mission

It is our mission to provide superior, evidence-based health products that exceed the expectations of our customers.

Papillex® is a cGMP (Current Good Manufacturing Practices) certified product made in America from the finest natural ingredients on the planet. We are committed to making the world a healthier and happier place, one customer at a time.



MADE IN

AMERICA





FILLE





INGREDIENTS

VEGAN





cGI CERT









NON-GMO



MEET FDA STANDARDS



EXCEPTIONAL QUALITY



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PAPILLEX®

Evidence-Based Nutritional Support for Cervical Health



Find out more at Papillex.com

How Papillex® Can Help

Papillex® is an evidence-based supplement designed to support your immune system.* Folate, EGCG, Zinc Sulfate and metabolites found in broccoli sprout such as I3C and DIM human data to support the body's response to HPV.* Papillex® replaces key nutrients that have been found to be missing and low in people with reduced immunity. With Papillex® you can optimize your immune system and cervical health naturally and proactively.*

While eating a healthy diet can help you support your body's immune response, research suggests that supplementing with highpotency, evidence-based nutrients can help provide additional support.*

Some People Watch & Wait. Others Take Action.

The "watch and wait" period is a crucial time to improve cervical health outcomes. By taking proactive measures at this stage, you can encourage cervical cell integrity and support the body's immune system response.*

More people are seeking innovative ways to support their body's response to HPV.* Our philosophy is, why "watch and wait" when you can be proactive?

A healthy immune system supports the body's response to HPV and promotes cervical wellness.*

Clinically Researched Ingredients to Support the Immune System.



Research on the Ingredients in Papillex®



BROCCOLI SPROUT EXTRACT

Indole-3-carbinol, DIM, and sulforaphane are powerful metabolites found in broccoli family vegetables that support DNA health1.*



GANODERMA LUCIDUM

The reishi mushroom has been celebrated for its medicinal properties for more than 2,000 years. Studies have shown that the use of these mushrooms supports the immune system and cervical health².*



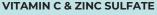
LYCOPENE & CAROTENOIDS

Higher levels of lycopene and carotenoids are associated with improved cervical health in multiple studies.3*



FOLATE

Folate is an essential B vitamin that supports the immune system and reproductive health. A human randomized controlled trial found that folate significantly impacts cervical health4.*



Research studies conclude that higher Vitamin C and Zinc Sulfate levels support the immune system and cervical health⁵.*



CAMELIA SINENSIS

Green tea has long been known as a powerful plant that supports the immune system. Green tea intake has been associated with a positive impact on cervical cell health⁶.*



VITAMIN E

Vitamin E has been shown in studies to promote cervical cell health and to support the immune system through its powerful antioxidant properties⁷.*



SELENIUM

Selenium is an essential trace mineral that contributes to cervical and reproductive wellness8.*



ASTRAGALUS

This powerful immune modulator has been used for centuries to promote resilience in the body. Recent studies have shown the herb's impact on the health of cervical cells9.*

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